

Below is a Chinese post that we translated into English about 4 runners who participated the 22<sup>nd</sup> Great Wall of China Marathon on May 1<sup>st</sup>,2023

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**自己来发一张图吧！**

**I would like to post a photo!**

**在过去这个春天，我个人好多次提到，我发现有一个团队，会获得 GWCM2023 的前三名！就是那个一会又到美国的洛杉矶 SANTA MONICA 海滩，一会又到佛罗里达州的团队。**

**In the past Spring,I mentioned many times that I found a team,and they would become top 3! It is the team that one of its member sometimes goes to Los Angles and sometimes goes to Florida from China in February and in March 2023.**

**他们一共 4 人参加，他们参加前，我告诉他们，您们跑 GWCM2023 可以尽力而为，不一定都要报全马，因为平均完赛时间都是 8 个小时左右！**

**There are 4 people in their team,when they registered the race,I told them that they can choose their favorites distance to run,not that everyone must register the full marathon,because it would almost take 8 hours averagely for a full marathon runner to complete the race !**

**他们的教练，也是 4 人之一，坚决反对他们任何人报半马！他们非常非常刻苦的训练，我记得他们第一天开始训练时，甚至晚上 12 点过出门去跑步！他们后来一直到参赛前一周的训练，都一直非常感动我！**

**Their team leader is also one of them four.He strongly opposed anyone of them to register half marathon other than full marathon.**

**在 2023 年 5 月 1 日这一天 8 点，他们都来到了起跑线前！**

**Before 8am on May 1<sup>st</sup>,2023,they all came to the start line!**

**结果，他们四人的团体中，有一人获得了男子全马第二！成绩 5 小时 46 分 30 秒！另外一人最后一名，坚持坚持地跑完了！成绩 8 小时 57 分 17 秒！**

**Finally, one of them four became No.2 for the male full marathon! His result was 5 hours 46 minutes and 30 seconds! Another one of them became the last to finish the race in 8 hours 57 and 17 seconds!**

**在 7 小时左右，利用专门的工作车，我单独去给他们另外一人送一颗小小的盐丸，他完赛成绩 8 小时 19 分 16 秒！**

**At about 7 hours,with the special work car,I went to send an electrolyte tablet to him.He completed the race in 8 hours 19 minutes and 16 seconds!**

**另外一位，特别喜欢打高尔夫的，成绩 6 小时 47 分 18 秒！**

**Another one of them likes to play golf very much,his result was 6 hours 47 minutes and 18 seconds!**

**他们三位等最后一位的到来，跑过终点线，他们 4 人抱在一起！我们的摄影师记下了这个他们共同奋斗后，成功跑完第 22 届长城马拉松的瞬间！**

**Three of them waited for the coming of the last of them.After he crossed the finish line,our photographer recorded the moment that they four worked so hard together and successfully completed the 22<sup>nd</sup> Great Wall of China Marathon 2023!**

**当他们一人看见我给他们发的这张照片时，有一位说，他居然哭了起来！您能猜出时那一位吗？或者您知道他们4位跑者的名字和国籍吗？**

**When one of them saw a photo we sent to them.he said,he cried.Do you know his name? Or do your know all the names of the four runners and their nationality?**

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**If you would like to guess the answer,please send to tell us by email,and when you register to run the Great Wall of China Marathon 2023-Autumn on October 29 or the 23<sup>rd</sup> Great Wall of China Marathon on May 1<sup>st</sup>,2024 or the Roof of the World Marathon 2024 during June 17 to 30,2023,we will have a surprising good gift for you!**

**Thank you very much!**

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